

2 oktober 2020

GezondIn Webinar reeks

Leren van Wales: Sustainable Development Goals



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales



PHAROS
EXPERTISECENTRUM GEZONDHEIDSVerschillen

PLATFORM31
kennis van stad en regio



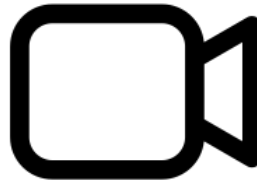
GEZOND IN ...

STIMULERINGSPROGRAMMA GIDS
LOKALE AANPAK GEZONDHEIDSachterstanden

Housekeeping



Microphones muted



Webinar is recorded,
breakout-rooms are not



Use chat for questions
(also translation)



Slides will be shared

Program

- 11:00 Welcome
- 11:05 Introduction to SDG's
- 11:15 Wales' response and tools
- 11:40 Interactive breakout-rooms
- 12:10 Collect insights and discussion
- 12:30 End

Health (Equity) in all Policies

GezondIn: Integrale aanpak gezondheidsverschillen

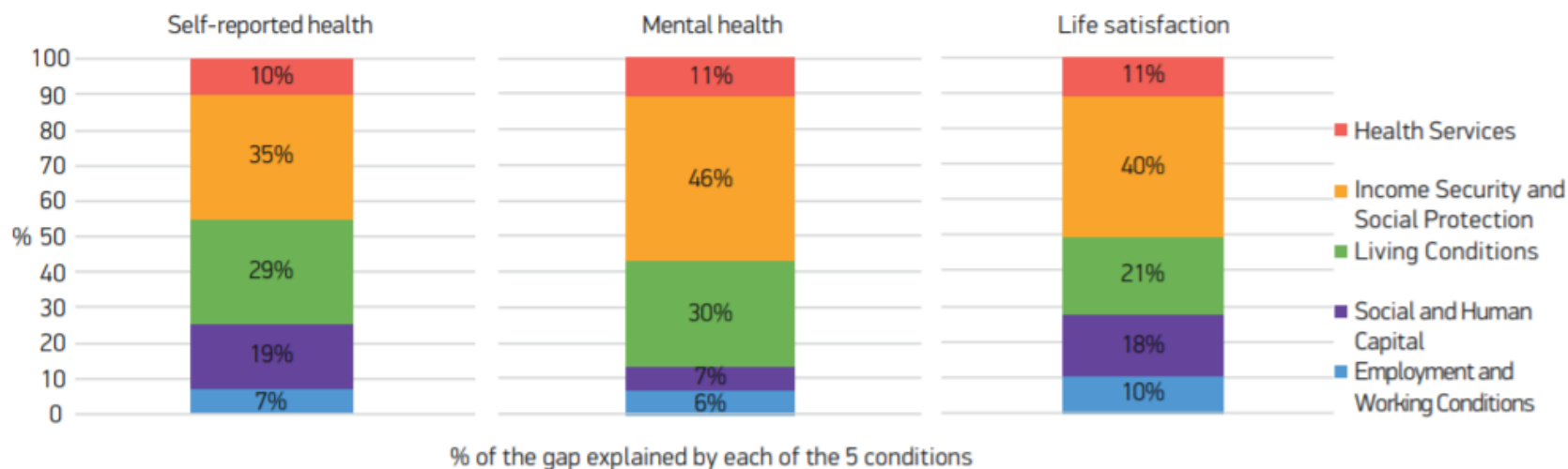
More info: *Pharos "Gezondheidsverschillen duurzaam aanpakken – De negen principes voor een succesvolle strategie"*

Gezondheidsverschillen
duurzaam aanpakken

De negen principes voor een succesvolle strategie

PHAROS

Fig. O.9. The five conditions' contributions to inequities in self-reported health, mental health and life satisfaction (EU countries)



Source: *WHO: European Health Equity Status Report (2019)*

UN Sustainable Development Goals

SUSTAINABLE DEVELOPMENT GOALS



Meer info:

SDG & NL

- <https://www.sdgnerland.nl/>

SDG & Gezondheid

- <https://www.vtv2018.nl/infographic-sdg-en-vtv>

SDG & Gemeenten

- <https://vng.nl/artikelen/praktijkvoorbeelden-global-goals>

Raise hands!

Who currently uses the SDGs in their municipality/organisation?

How are they used?

Wales' response to the Sustainable Development Goals

Sara Peacock



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

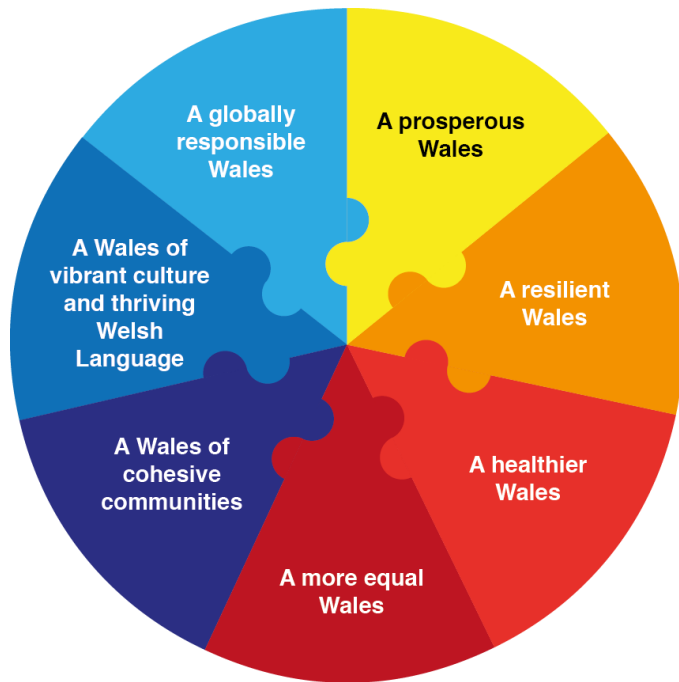


Canolbwynt Iechyd
a Chynaliadwyedd

Health and
Sustainability Hub

The Sustainable Development Goals in action

What do they mean for Wales?



Steps towards The Well-being of Future Generations Act (Wales) 2015

- “The Wales We Want” – national discussion to identify a shared vision for Wales
- Identifying seven well-being goals
- Developing legislation to support these seven goals
- Identifying how best to enact this legislation
- Taking steps to enact this legislation

The Sustainable Development Goals in action

The Well-being of Future Generations (Wales) Act 2015



The Act:

- Places obligations on 44 public bodies in Wales to work in a sustainable way towards the seven well-being goals
- Establishes a Future Generations Commissioner, to oversee the implementation, and provide support and guidance to public bodies
- Requires evidence from public bodies to show how they are implementing the five ways of working laid out in the Act

The Well-being of Future Generations (Wales) Act 2015

The sustainable development principle

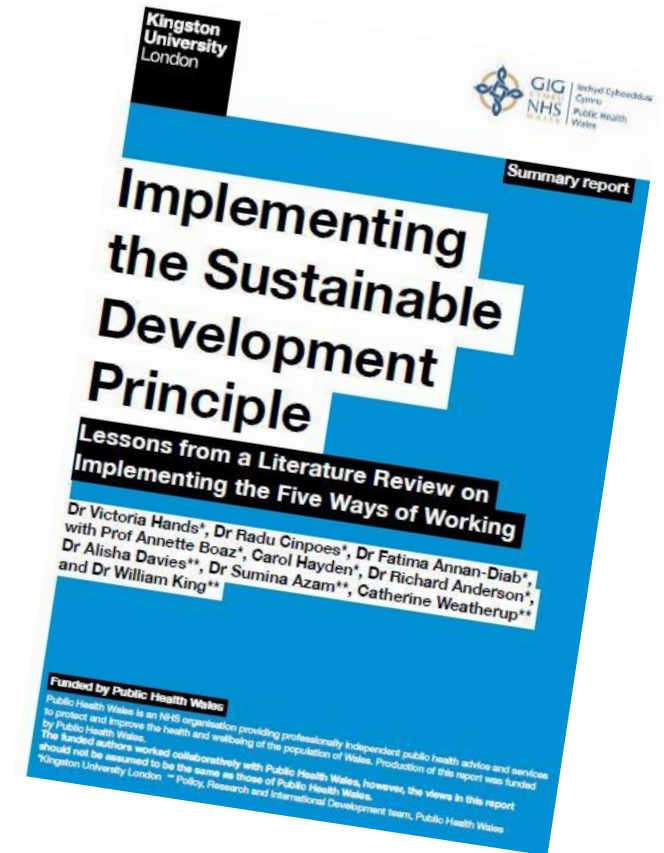


- **Long-term** thinking
- **Prevention** of problems
- **Integration** of sustainable development into all aspects of operation
- **Collaboration** between departments, organisations and sectors
- **Involvement** of communities and public sector staff

What do we know from the literature?

The Kingston University literature review

- The five ways of working are mutually reinforcing, so start where you feel comfortable
- Ensure **visible** integration of the five ways of working in people, policies and practice
- Support the five ways of working at four levels: individual, team, organisation and system
- Support the development of new norms and rules
- Embrace the Act as a game-changer



<https://phw.nhs.wales/topics/health-and-sustainability/implementing-the-sustainable-development-principle/>



Canolbwynt Iechyd
a Chynaliadwyedd

Health and
Sustainability Hub

Tools from the PHW Health and Sustainability Hub

Sara Peacock

Introduction

What do the tools do?

- Suite of tools produced by the **Public Health Wales Health and Sustainability Hub**
- Initially intended to support public sector organisations in Wales embed the **sustainable development principle**
- Could be used by organisations elsewhere to:
 - Acquire support from other sectors for a **Health in All Policies** approach
 - Mobilise action on the **social determinants of health**
 - Foster positive action towards a **win-win** approach



Overview of the tools

Be the Change

- Opportunity to target ‘individual-level’ behaviour change
- Designed to encourage behaviour change in our everyday working lives
- Utilising the workforce for sustainable change
- Introducing practical steps for individuals:
 - ‘Sustainable steps’ e-guides
 - Posters
 - Action days
 - Goals challenge



Overview of the tools

Sustainability Improvements for Teams (SIFT) Workshops



- Dynamic opportunities for **team** development
- Includes learning from literature on embedding sustainability, and relies on **active participation** of staff
- Co-produced following **facilitated** workshops with national bodies

Overview of the tools

Prompts cards

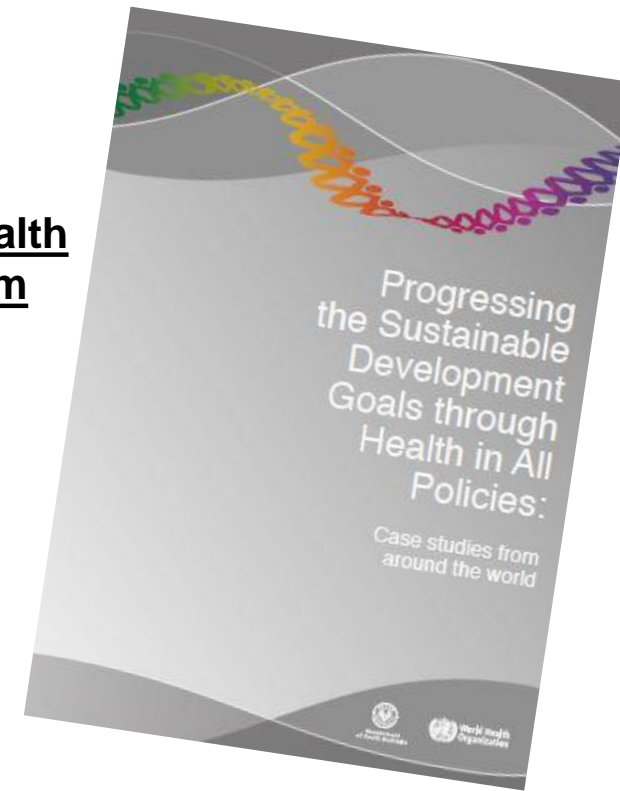
- Developed with the International Futures Forum
- Designed to support and inspire **innovative thinking** in the workplace
- Can be used in **any context**, individual, team meeting, project planning...



Further resources



Progressing the Sustainable Development Goals through Health in All Policies: Case studies from around the world



Sustainable development in Wales and other regions in Europe: Achieving health and equity for present and future generations

<https://phw.nhs.wales/topics/health-and-sustainability>



Activity

Testing the prompt cards

Prompt cards activity

Introductions / check-in

Randomly assigned in breakout rooms

Activity in three stages (also see document 1):

1. Introduction (5 min):

- Name, organisation, expertise (in 3 words max)
- Choose group leader/spokesperson
- Group leader gives everybody a random number between 1-52
- Check in document 2 which prompt corresponds with your number

Prompt cards activity

Introductions / check-in

2. Discussion (15 min):

Choose a topic of discussion, 4 examples:

- Your professional life
- The current Covid 19 situation
- The best solution for repairing health inequalities caused by Covid 19
- Are health and sustainability competitors?

You will each take turns to read the statement next to your number (document 2).

Then tell the group how you think it relates to the topic. The others are welcome to add their thoughts and discuss your statement before moving on to the next person.

Don't look at your statement until it is your turn, your initial reaction is what is important!

Prompt cards activity

Introductions / check-in

3. Evaluation (10 min)

Discuss the evaluation questions provided in document 1:

- What did you learn using this method?
- Did your group use the prompts in the way suggested, or in a different way?
- Did the prompts help your discussion develop along more sustainable lines?
- How did you find the language used –was it helpful, difficult, liberating...?
- Might it have worked better if they had been translated into Dutch?
- Other remarks for making this tool more useful?

Decide which elements you would like your spokesperson to share with the main group.

Welcome back: Plenary feedback

- How did you find the activity?
- Are there any questions for the Public Health Wales team?
- Would you like to investigate further, with a dedicated workshop for your team?
- We would like your feedback



Diolch!

Thank you!

Bedankt!

Questionnaire: Please provide us your feedback!

More info:

- GezondIn: info@gezondin.nu
- Tom Moons: t.moons@pharos.nl
- Sara Peacock: sara.peacock@wales.nhs.uk
- Catherine Weatherup: catherine.weatherup@wales.nhs.uk
- Public Health Wales Health and Sustainability Hub: publichealth.sustainability@wales.nhs.uk
- <https://phw.nhs.wales/topics/health-and-sustainability>

Next webinar:

Vrijdag 13-nov: “Armoede, schulden en gezondheid”